

Dear Student;

Last month we discussed communicating with God. When Jesus's friends asked him to teach them to pray, He taught them to pray starting "Our Father." This beginning highlights the intimate relationship God wants to have with us, and the shared relationship we have with each other. It is not "My Father" but "Our."

Here is the Lord's Prayer in the traditional language:

Our Father, who art in heaven,
Hallowed be thy Name,
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses, as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, and the power, and the glory, for ever and ever. Amen

Here it is with more contemporary language:

Our Father in heaven,
Holy is your name,
Your kingdom come, your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Save us from the time of trial, and deliver us from evil.
For the kingdom, the power, and the glory are yours, now and for ever. Amen

Hallowed means holy. Merriam-Webster defines holy as "exalted or worthy of complete devotion as one perfect in goodness and righteousness." God's holiness is why we worship God.

We want life on earth to be as wonderful as life in heaven. What do you think the world would be like if this were true?

When Jesus walked on the earth, bread was the main food in Israel. We ask God for the things that we need to live when we pray. What things do we really need?

Trespasses is an old way to say sins. When we sin, we hurt others and ourselves. Forgiving someone who has hurt us is hard. Have you forgiven someone who has hurt you? Has someone forgiven you? How does it feel to be forgiven?

When we ask to be delivered from temptation, we ask for God to keep us safe. Have you been tempted to do something you shouldn't? Our parents and teachers and leaders put rules in place to help us to get along with each other. Can you think of a rule that gets broken? Can you think of why that is a bad idea?

We end the prayer with a doxology. A doxology is a saying of praise and glory to God. We say "For thine is the kingdom, the power, and the glory, forever and ever." when we pray at St. Anne's.

The word "Amen" is a short way of saying "let it be" or "so be it."

This prayer that Jesus taught includes the seven different types of prayers we talked about last month. Can you figure out which part is:

- Adoration
- Praise
- Thanksgiving
- Petition
- Penitence
- Oblation
- Intercession

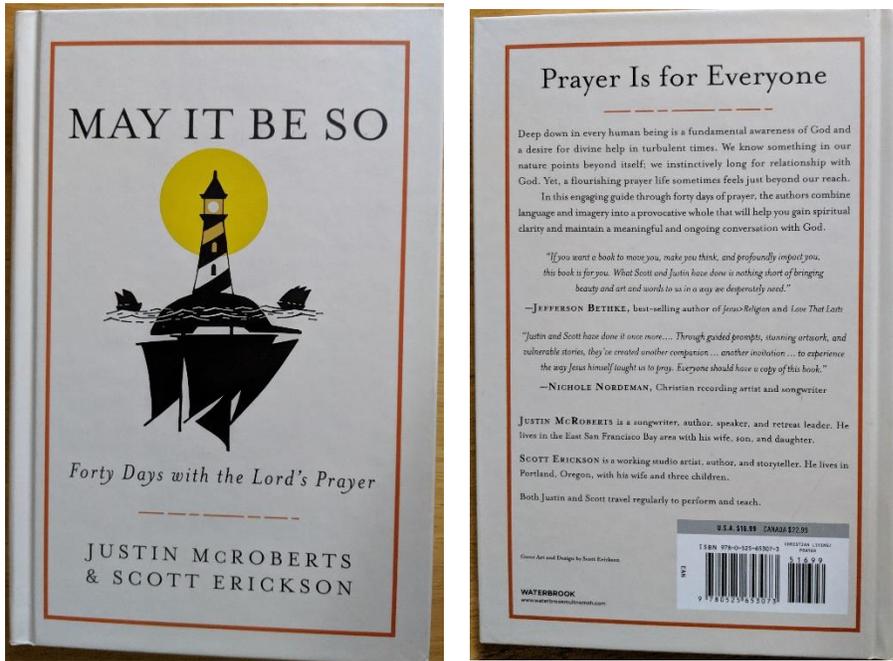
Learning the Lord's Prayer is a good way to deepen your relationship with God, our Father.

The book including in your packet is meant to be read slowly, over 40 days. It uses the Lord's Prayer as a touchstone. Each day, spend a moment in conversation with God.

For fun, there is a bookmark craft with the Lord's prayer.

Enjoy!

Included in the packet were a bookmark craft, and the following book:



The book can be purchased from Amazon.