

Dear Parents/Guardians;

This month we are looking at the Lord's Supper, also called Holy Communion, or even Holy Eucharist. The word Eucharist comes from the Greek word for Thanksgiving. We are asked to join together as one family, in thanksgiving, and partake of one meal. In our current epidemic, we cannot do this, but this will not last forever.

This is one of the great sacraments in our church. The Book of Common Prayer defines sacraments as "outward and visible signs of inward and spiritual grace." In Eucharist, the outward and visible sign is bread and wine, and the inward and spiritual grace is the Body and Blood of Christ given to His people and received by faith.

For your child ages 0-3, I could not find a board book on this topic. Many church traditions ask the very youngest to wait. In the Episcopal church, we believe that all who have been baptized into the family of Christ are invited by Christ to join in the communal meal. We do this because we take baptism so seriously. The book I did find is a story book about the Last Supper. When we can gather as a church family in church, hopefully your child will be able to remember this story and remember Jesus asked us to share together a meal in remembrance of Him. There are stickers at the back of the book that your toddler can have fun sticking into the story. This book is out of print, only used copies are available, I apologize that a sticker is missing. There is also an "About Communion" section at the very back for adults. This talks about where young children are developmentally. The packet also includes a coloring poster for your child.

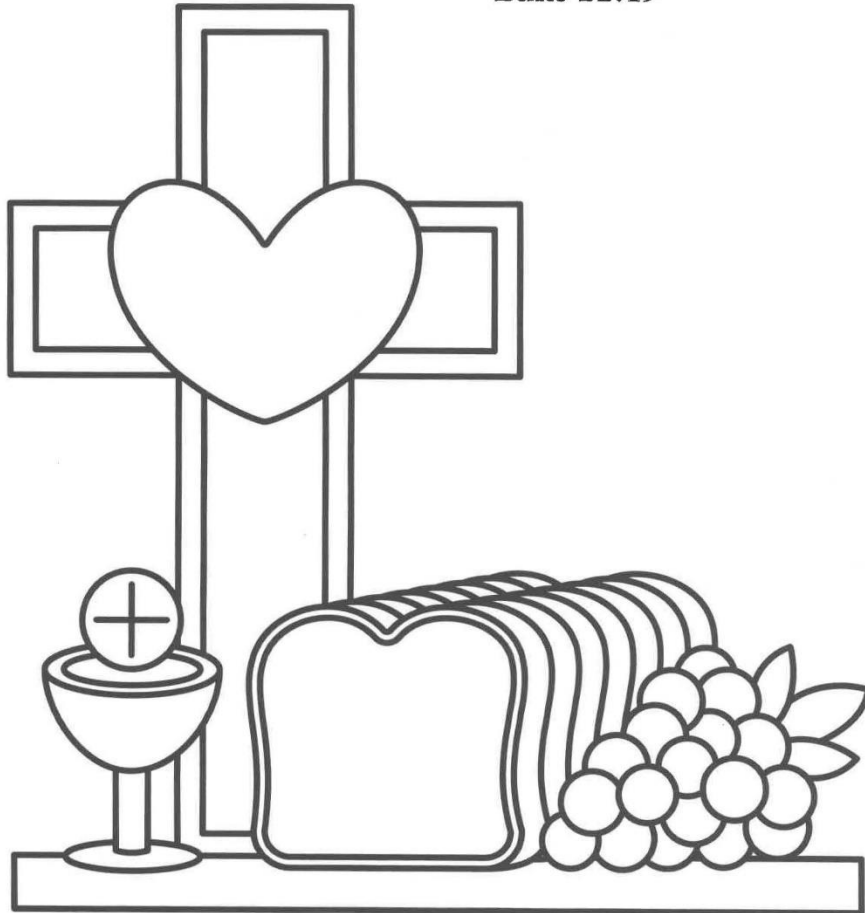
Your sister in Christ,

Brenda Komarinski

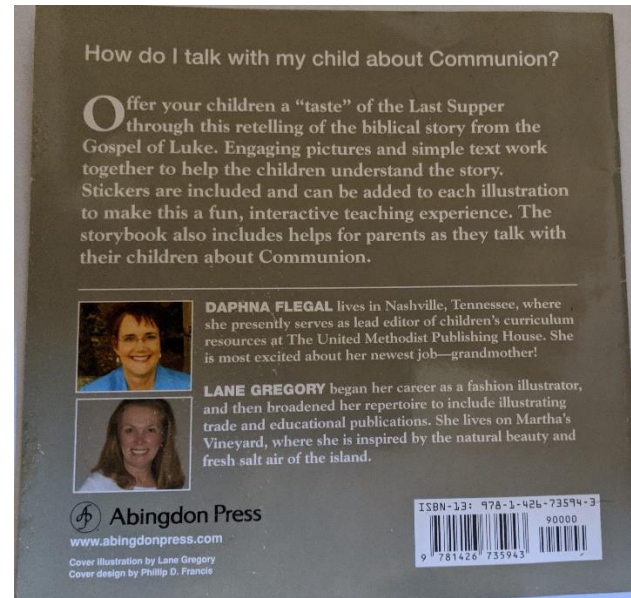
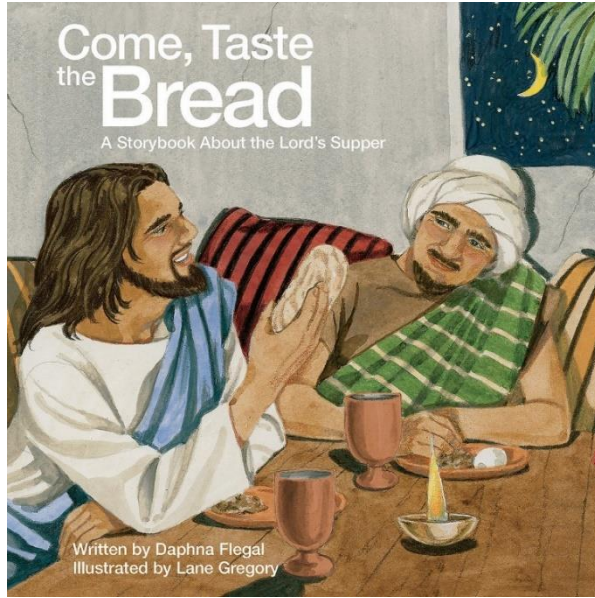
# HOLY COMMUNION

And he took bread, gave thanks and  
broke it, and gave it to them, saying,  
“This is my body given for you; do  
this in remembrance of me.”

Luke 22:19



Included in the packet was the coloring poster and the following book:



This out of print book can be purchased through the Amazon Market Place.