

Dear Student;

This month we are looking at the Lord's Supper, also called Holy Communion, or even Holy Eucharist. The word Eucharist comes from the Greek word for Thanksgiving. We are asked to join together as one family, in thanksgiving, and partake of one meal. In our current epidemic, we cannot do this, but this will not last forever.

This is one of the great sacraments in our church. The Book of Common Prayer defines sacraments as "outward and visible signs of inward and spiritual grace." In Eucharist, the outward and visible sign is bread and wine, and the inward and spiritual grace is the Body and Blood of Christ given to His people and received by faith.

In the Episcopal church, we believe that all who have been baptized into the family of Christ are invited by Christ to join in the communal meal. We do this because we take baptism so seriously.

Your packet includes a book called "A Child's Guide to the Holy Eucharist." This book is written for you. The right hand page has the explanations, and the left hand page has the words from the Book of Common Prayer. The Book of Common Prayer is the book that all Episcopalians use to guide our worship services. We use different prayers during the Holy Communion. Eucharistic Prayer A is perhaps the most common one, but you can learn the differences between them the guide book.

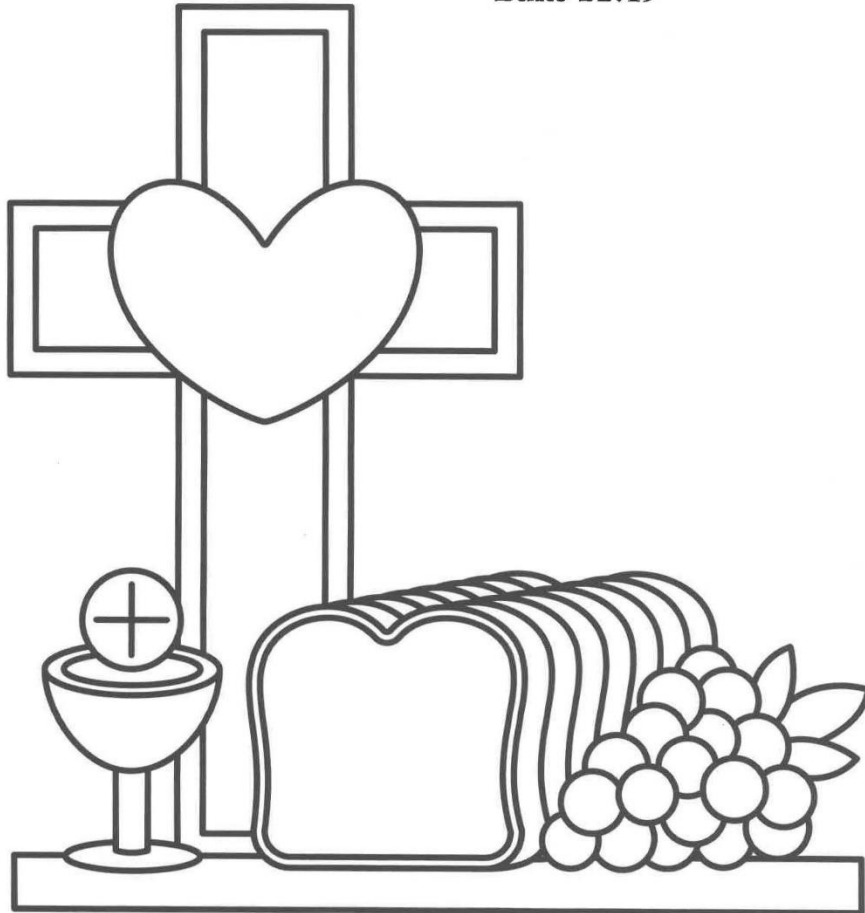
The packet also includes a coloring poster, a fun mobile craft, and a fun art craft.

Brenda Komarinski

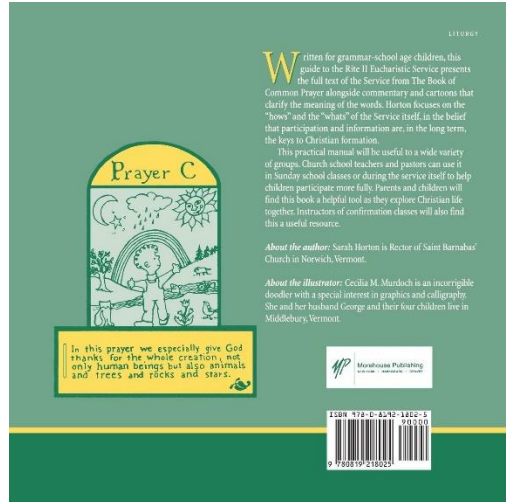
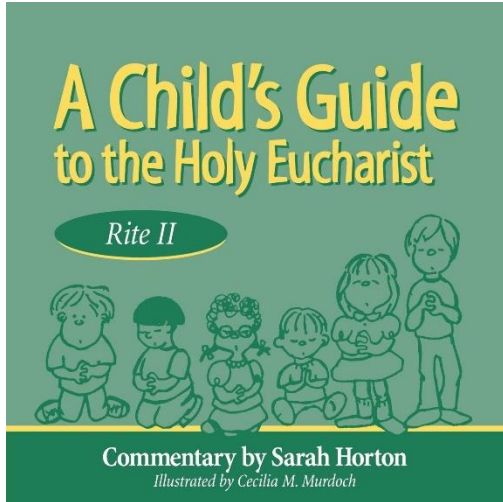
# HOLY COMMUNION

And he took bread, gave thanks and  
broke it, and gave it to them, saying,  
“This is my body given for you; do  
this in remembrance of me.”

Luke 22:19



Included in the packet was the coloring poster, a mobile craft, an art craft, and the following book:



This book can be purchased at [Amazon.com](https://www.amazon.com).