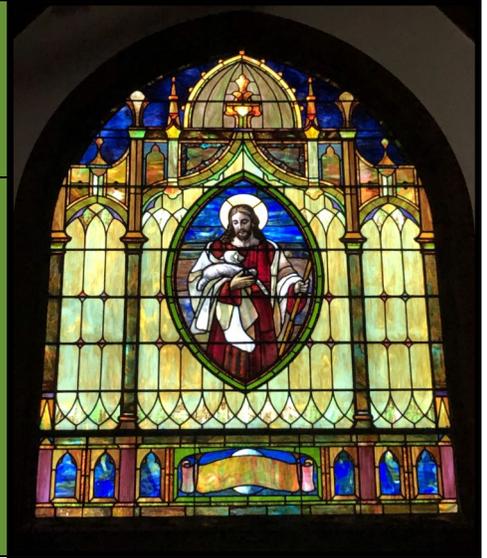


# ST ANNE'S EPISCOPAL CHURCH - SMALL BUT MIGHTY

## St. Anne's Episcopal Church Newsletter

# JULY 2024



Dear Parish of St. Anne's in North Billerica,

I loved our whole congregation going up to Lowell to celebrate the beginning of their 200th anniversary year on Sunday May 19th! I loved the geographical witness to our Episcopal siblings that we are indeed all members of God's Beloved Community in this Episcopal branch of the Jesus movement, as named by our Presiding Bishop Michael Curry.

The closing Baptist speaker at our town's Juneteenth event concluded his remarks with this same phrase: Beloved Community.

When I am absent for three months of medical leave to get new knee joints, I shall deeply miss our Beloved Community, at the same time I know we are always in community with each other, whether seen or unseen. Christ calls us in to Belovedness with each other, with all others, forever. Prayer is our witness that links us together.

Keep on the lookout for YOUR connectedness in to Beloved Community. You'll find many snatches of it in these pages, online, and in surprising places. You yourself contribute to it – always enlarging the tent of belonging!

With confidence and longing, until I write again!

*M. Jennifer +*

Tuesday July 2 M. Jennifer's last Office day, although she will be in church July 7th.

M. Jennifer will not check her email or texts while out on Medical Leave. If there is something you would like her to know, please send it to her in October.

Our leadership team (of Wardens, Treasurer, and retired Clergy) will have her occasional progress reports. Already she is eager to return in October with brand new energy and strength!

Please contact our Wardens, Treasurer, or retired Clergy with your questions, concerns, or comments.



## Wardens' Message: Rosemary and *Mike*

As I'm typing this report, I glanced at the weather forecast of temperatures to be in the high 90's and high humidity for the next 3 days. That's okay for south Florida but not what I want to see in New England.

As you're aware by now, Mother Jennifer will be out on medical leave beginning the second week of July to have knee replacement surgery. She will be out for 3 months until October 8th. It's going to be up to all of us to keep things running smoothly.

Fortunately, Mother Jennifer has put in a good amount of time getting the wardens ready to handle whatever comes up. She has already scheduled individuals to handle services while she's gone and provided us with lists of clergy available to contact for coverage if necessary or to handle a funeral or other unexpected need. Of her 14 Sundays, 6 will be covered by us in Morning Prayer, and 8 will be Holy Eucharist covered by the Rev's Dick and Sarah Lewis.

Buildings and Grounds (B&G) had a meeting on Sunday the 16<sup>th</sup> of June and are going forward to complete a number of issues, including some pointed out to us by our insurance company as things we should consider moving forward. Nothing serious but stuff we need to do.

Also, under the heading of B&G, the re-finishing of the bathroom adjacent to the Nichols room has now been completed and we're all very pleased with the results.

That's it for this month.

### Worship:

9:00 am Sunday in person in July & August

Weekly worship on our YouTube Channel:

["St. Anne's Episcopal Church, N. Billerica MA"](#)

(Subscribe and see videos of our services!)

### Our services are replayed on BATV

Check out our Facebook page:

[www.facebook.com/StAnnesBillerica](http://www.facebook.com/StAnnesBillerica)

### Contact information:

St. Anne's Episcopal Church  
PO Box 134, 14 Treble Cove Rd.  
No. Billerica, MA 01862

Office Ph: 978-663-4073

Thrift Shop Ph: 978-667-6268

Email: [stannesbillerica@gmail.com](mailto:stannesbillerica@gmail.com)

Website:

[stannes-billerica.org](http://stannes-billerica.org)

### Vestry:

Rosemary Kinser	Warden
Michael Hopkins	Warden
Linda Kusnierz	Treasurer
Brenda Komarinski	Clerk
Dotty Callihan	2027
Norm Zarella	2027
Sandra Giroux	2026
Lisa Carpine	2025
Todd Baldwin	2025
Maria Martin	2025

### Mother Jennifer's Office Hours:

Will resume in October

### Church Office Hours:

Tuesdays 11-3 pm  
(For July & August)

### Thrift Shop Hours:

Tuesday 2-6pm  
Wed & Thurs 10 am-2 pm

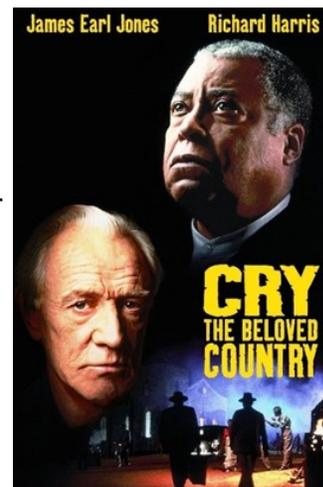
### 12-Step Meetings:

Wednesdays (AA) 7:30 pm  
Thursdays (NA) 7 pm

# Movie Night

Movies are taking a break for the summer. The next movie will be September 13th at 7pm. It will be **“Cry, The Beloved Country”**. Keep your eyes open for more details as it gets closer.

— Brenda Komarinski



**Prayer list updates-** If you have made prayer list requests, please send updates so that we can update our list accordingly.

## How to Survive a Heatwave

The infographic is a circular diagram with eight segments, each containing a tip for surviving a heatwave. In the center is a thermometer showing a high temperature, a sun, and a person drinking water. A checklist is also visible in the center.

- Keep Rooms Cool**
  - Lower shades to reduce heat
  - Maintain cross air ventilation
  - Avoid fans if room is >95 degrees as they no longer cool the air
- Wear Loose Clothing and a Hat**
  - Loose cotton (non-synthetic) is best
  - Wear a wide-brimmed hat outside
- Drink Lots of Water**
  - Hydrate before you feel thirsty
  - Avoid alcohol, caffeine, and sugary drinks
- Never Leave Kids or Pets in Cars**
  - Not even for a quick minute
  - Cars heat up fast and can kill children and pets
- Make a Plan for Help**
  - BEFORE heat strikes, ask a friend/neighbor to check on you 24/7
  - Seek health care if throbbing headache, dizziness, nausea, or feel confused
  - Call 911 for emergencies
- Take Meds as Prescribed**
  - BEFORE heat waves, ask your health care provider about any changes to your medications during hot weather
- Find Cool Shelter**
  - Don't wait out the heat at home\*
  - Cool down in libraries, malls, movie theaters, and local cooling centers
- Cool Down with Showers**
  - Dr cool, wet towels

**St Anne's Episcopal Church  
N Billerica Ma**

We are on break until September. We will be studying the life of Jesus on Earth for the 2024-2025 school year. If you have questions, please let Brenda know ([bkomarinski@gmail.com](mailto:bkomarinski@gmail.com)).



## Episcopal Church News

In affirmation and celebration of The Episcopal Church's LGBTQ+ members, a **new Pride shield graphic** was recently unveiled and is available online for churchwide use. Learn more and download the new shield: <https://www.episcopalchurch.org/publicaffairs/episcopal-church-unveils-new-pride-shield-in-celebration-of-lgbtq-inclusion/>



**The Episcopal Church's 81st General Convention** takes place June 23-28 at the Kentucky International Convention Center in Louisville. Among the highlights are the "Love Always" Episcopal Revival, 7-9 p.m. on July 22, featuring Presiding Bishop Michael B. Curry preaching his 27th and final Episcopal Revival sermon as he concludes his nine-year term; the June 26 election of a new presiding bishop from a slate of five nominees; and elections for president (on June 26) and vice president (June 28) of the House of Deputies. Here are some ways to follow along from afar:

**Livestreaming and on-demand recordings** of the Episcopal Revival, daily morning worship services and legislative sessions in both the House of Bishops and House of Deputies, and more, **will be available via the General Convention Media Hub** at <https://media.episcopalchurch.org/video>.

Peruse the **Virtual Binder of the 257 resolutions** submitted to date and follow their progress through both houses here: <https://www.vbinder.net/menu?house=HD&lang=en>

**Episcopal News Service coverage** is available via the Media Hub and on the ENS site here: <https://episcopalnewsservice.org/tag/general-convention-2024/>

Visit the **81st General Convention site**, here: <https://generalconvention.org/gc81/>, for the full schedule (<https://generalconvention.org/calendars-gc81/#schedule-gc81>) and links to additional information and materials.

## Billerica Interfaith Juneteenth Remembrance, Education, & Celebration



### Sandra Giroux's reflection of our event 2024

If you get a chance to read this summer may we recommend the *Invisible Man* by Ralph Ellison 1953 (not to be confused by the 2020 movie)

The metaphor behind the protagonist's invisibility is that his physical body isn't invisible to others, but who he is as a person is invisible to society. The color of his skin makes him invisible to others. He wants people to see him for who he is and not because of the color of his skin.

Why do I mention this? At the Juneteenth Celebration this was the topic of discussion, life stories were shared. I am think if we are all honest we ourselves have felt invisible at some point in time. BUT more importantly we have caused (intentional or unintentional) someone to feel that way. Our words, our actions and more so our inaction have dire consequences.

We can relate this to many groups throughout our society and need to learn we are all the same.... human and equal. We all walk different paths but we all are equal.

## Social Conscience Book Group

The Social Conscience Book Club will be on vacation for July and August, but we do have summer reading. We will be reading *Becoming* by Michelle Obama. Join us by reading or listening to this book.

—Member of Social Conscience Book Club, Marguerite Massey



## Special Convention Report

The Episcopal Church operates in many similar ways to the United States Government. The US Congress has the House of Representatives, the Episcopal Church has the laity; or the People who are not Clergy. The US Congress has the Senate. The Episcopal Church has the Clergy who are ordained ministers. The number of Clergy participants is determined by the number of Parishes in the Diocese, while the Laity is determined by church size, and elected by the various parishes. In addition, there are certain special groups who vote like the Diocesan Youth Council.

The Process is similar to supreme court justices, while the role of Bishop is like the state governor. For election, all the clergy and lay representatives gather at a Special Diocesan Convention for the sole purpose of electing a new Diocesan Bishop. Similarly, the states have an electoral college to vote for the President. Both the Clergy & the Laity must agree on the candidate. No candidate is elected until that person receives 50% + 1 vote from both the Clergy and Laity. After the special convention the results are sent to the National Episcopal Church to be ratified. Then the Bishop-Elect is consecrated officially as the bishop.

Like the United States President, anyone who fits the requirements can apply to be a bishop in any diocese through the nominating committee and after that, there is a short period for people to be nominated by the committee for the position. And then candidates are vetted and attend interviews with the discernment committee to continue the process to find the final candidates who will make the ballot at the election. All candidates will attend a retreat into the diocese to meet the people, and learn more about the area, as there are a few candidates in every cycle who are not from the diocese of Massachusetts. During the process, candidates do not have debates in front of the people. Instead, they travel to different regions within the diocese to meet and speak with parishioners and clergy. At these meetings, candidates are each interviewed separately and answer the same questions. where the voting and non-voting members can learn more about the candidate. These events provide more information than is available from the election's materials on the website. There were 4 standardized questions that were at every one and 2 crowd sourced ones that were different to each location, but each participant got the same questions.

During the convention, the final candidates were:

The Rev. Dr. Brendan J. Barnacle,

The Rev. Edwin D. Johnson,

The Rev. Canon Jean Baptiste Ntagengwa Th.D;

The Rev Gideon L. K. Pollach, and finally

The Rev. Julia E. Whitworth

The special convention to nominate the 17th bishop of the Diocese of Massachusetts took place on Saturday, May 18, 2024, at Trinity Church in Boston.

The Rev. Julia E. Whitworth was elected on the fourth ballot, receiving the necessary majority of votes in both the clergy and lay orders. Her election is now pending consent from a majority of The Episcopal Church's diocesan bishops and a majority of its dioceses via their Standing Committees.

If consent is granted, the bishop-elect's consecration is scheduled for Saturday, October 19, 2024, at Trinity Church in Boston.

The Very Right. Rev. Bishop Alan Gates will retire.



—submitted by Todd Baldwin, Eli Baldwin and Ed Giroux

## Jennifer's Journal July

THANK YOU TO THOSE WHO HELPED WITH OUR PARISH CLEAN-UP! It looks so much better!

I am going out on Medical Leave. Surgery will be in the late afternoon of July 8, Rehab hospital for 2-3 weeks, and then I'll continue the work of recovery at home for 8 weeks. I am doing both knees at the same time. And I intend to return to you as a new person! Thank you for your grace extended to me.

Our Wardens and Vestry are your capable leaders when the Rector is absent. Don't hesitate to reach out to them for any ideas, concerns, or suggestions.

I am excited about the Vestry's plans for (almost) monthly fundraisers next year!

Thrift Shop is changing a day of its hours – keep in mind! Also, they are looking for a volunteer to be available for occasional substitute hours.

Church Office Summer Hours will be open only on Tuesdays 11-3. Email is always quickly answered, as are telephone messages.

Beware of email scams. Remember that I will NEVER ask for money or gift cards or information (well.... You know the way that I ask for pledges and donations!). Take care.

Summer is often a slow time for sending in our pledged and gratitude offerings. Let us remember this summer!

As I think about July Fourth, I remember the peoples who were already here when colonists arrived. So I print the Land Acknowledgement that I wrote for our Celebration of Ministry last November.

I acknowledge that St. Anne's, in the town of Billerica, is located on the ancestral lands of several Indigenous peoples. Over a 12,000-year history, the following tribes loved this land: the Pawtucket, the Wamesit, the Agawam, and, at the time of first settlers in 1630, the Shawsheen. The Massadchuesett and Nipmuc would have paddled up the Concord River, through our falls that are now dammed, to get to the mighty Merrimack River at Lowell Falls.

The Native American Indian Burial Grounds located in Billerica's Concord River Access date back 3,000 years.

Today, we are grateful to follow many generations of persons who nurtured & sustained this land & water for thousands of years. With gratitude to the elders who lived before, may the Indigenous ones here today, and the generations to come all return to thriving on this land we all love.

We commit to doing our part to becoming better stewards of this land, *as Episcopalians promise in our Baptismal Covenant*. We want to work toward a more responsible, just and equitable future.

So, now that we are located and grounded here, may we proceed, with great joy, to celebrate the ministry of St. Anne's Episcopal Church in No. Billerica, MA.

— continued on next page...

*Jennifer's Journal continued...*

On and around the Fourth, the Massachusetts Foundation for the Humanities supports public readings of a speech (<https://masshumanities.org/2024-reading-frederick-douglass-events-announced/>) by Frederick Douglass from 1852, less than ten years after his first visit to Lowell, MA. The UMass Lowell website says this: Frederick Douglass - Second visit to Lowell, February 22 & 23, 1844. When Frederick Douglass visited Lowell in 1844, he was 25 or 26 years of age and had escaped from slavery five years earlier. His first visit to Lowell was in 1843. He visited Lowell to lecture two more times after the end of the Civil War.

[https://libguides.uml.edu/early\\_lowell/Frederick\\_Douglass\\_in\\_Lowell\\_1844#:~:text=Frederick%20Douglass%20%2D%20Second%20visit%20to,end%20of%20the%20Civil%20War.](https://libguides.uml.edu/early_lowell/Frederick_Douglass_in_Lowell_1844#:~:text=Frederick%20Douglass%20%2D%20Second%20visit%20to,end%20of%20the%20Civil%20War.)

Maybe St. Anne's Lowell hosted him?!

Here is a collection of prayers from our prayer book for July.

**17. For the Nation, p. 258**

Lord God Almighty, you have made all the peoples of the earth for your glory, to serve you in freedom and in peace: Give to the people of our country a zeal for justice and the strength of forbearance, that we may use our liberty in accordance with your gracious will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**32. For the Good Use of Leisure, p. 825**

O God, in the course of this busy life, give us times of refreshment and peace; and grant that we may so use our leisure to rebuild our bodies and renew our minds, that our spirits may be opened to the goodness of your creation; through Jesus Christ our Lord. *Amen.*

For Beloved Community, BCP p. 824

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. *Amen.*

## Thrift Shop

**The Thrift Shop will have new hours starting in July.** The shop will be open **Tuesday** from 2PM until 6PM. Wednesday and Thursday hours will be 10AM until 2PM. The shop will be **closed** on Friday. We are trying this new schedule for the summer. Please stop by the shop and check us out.

—*From the Thrift Shop volunteers*



— *Microsoft stock image*

# Wisdom for Worship in July 2024

From M. Jennifer

We buried Karen Nicolson Haney Farland on June 21. She died of a heart attack at the age of 50. Her father and mother preceded her within this past year. We pray for her family.

On August 5th, Dave Fawcett will be interred at Fox Hill Cemetery.

I have loved the viola accompanying of our hymns that Colin Baldwin has been doing for us. Thank you, Colin!

During my three months of medical leave, our services of worship will be led by our own parishioners and retired clergy, the Reverends Dick and Sarah Lewis. We are so blessed by all of you! I might have to watch occasionally just because I don't want to miss hearing your words of wisdom!

Announcements will move to the middle of the service, after the Peace, and they will be given by the warden on duty that morning :)

All services will be led by two persons, thus sharing the preaching and the officiating roles.

**REMEMBER that church begins at 9:00am July 7- August 25.** There will be no Coffee Hour, except on August 11<sup>th</sup> (surprise!).



Lowell Regional  
Transit Authority

## TRY TRANSIT MONTH

### The Entire Month of July 2024

## RIDE FOR FREE



**On All LRTA Buses and Road Runner Vehicles**

The LRTA would like to introduce public transportation to everyone in our community.

So please *Try Transit* and leave the driving to us!

**EXPERIENCE THE BENEFITS OF PUBLIC TRANSPORTATION**

*Convenient Access to:*  
 Employment, Hospitals and Medical Services  
 Shopping Destinations like Malls, Plazas and Specialty Stores  
 Attractions, Restaurants, Museums and Parks

*Less Traffic Congestion and Reduced Energy Consumption*

*Economic Development*

*A Clean Air Environment*

**Get Connected with the LRTA!**  
 Whether you are visiting the region or need to get to local destinations, we can get you there or connect you to the MBTA and other transit providers.

**FOR MORE INFORMATION VISIT  
[WWW.LRTA.COM](http://WWW.LRTA.COM)**

## Newsletter deadline schedule!

August newsletter submission deadline: July 21, 2024

August newsletter distributed: July 31, 2024

September newsletter submission deadline: August 18, 2024

September newsletter distributed: August 28 2024

**TOWN OF BILLERICA**  
INCORPORATED 1655  
MASSACHUSETTS

# Emergency Cooling Centers

**Council on Aging**  
25 Concord Road  
Mon-Fri 8:30AM - 4:00PM  
**CLOSED June 19th**

**Town Hall**  
365 Boston Road  
9:00AM - 5:00PM  
**ONLY June 19th**

**Public Library**  
15 Concord Road  
Mon-Thurs 9:00AM - 9:00PM  
**CLOSED June 19th**  
Fri 9:00AM - 5:00PM  
Saturday 9:00AM - 1:00PM

## Community Events

\* Carolisa's Classes \* Gift Certificates Available! \*

Try something new! \* Schedule a Workshop @ St Anne's for a special occasion or just for fun!

Further info on all classes & Sign up: [moonlightdjz@gmail.com](mailto:moonlightdjz@gmail.com)

Fb: Carolisa Moonlightdjz Fb: Carolisa's Classes

\***ZUMBA MIX** @ St Anne's Tuesdays 6:00pm Try it - Sign up required @moonlightdjz@gmail.com \* no class 6/25

\***SUMMER FAMILY FUN DANCE** @ Billerica Community Farmers Market

793 Boston Rd

Monday July 15 @ 5:30pm- it's FREE!

for Kids & Adults- all welcome! Move \* Groove \* Rock Out \*

\*Party Line Dances \* Fun & Games \* Limbo \*Musical Hula hoops \*Barn Dance

Wear tye dye or bright colors\* wear sneakers \* bring WATER!

\* Workshops \*Bellydance \* Girls Night \* Line Dance Mix by arrangement

## St. Anne's Prayer List

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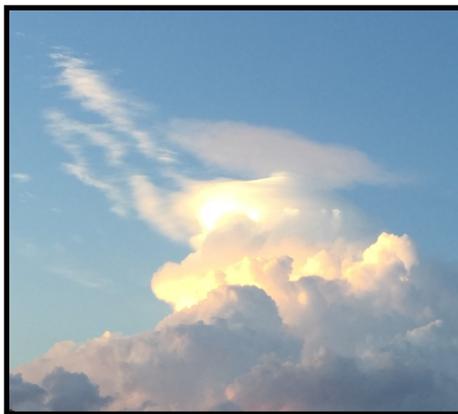
Lord Jesus Christ, Good Shepherd of the sheep, you gather the lambs in your arms and carry them in your bosom: We commend to your loving care this child \_\_\_\_\_. Relieve their pain, guard them from all danger, restore to them your gifts of gladness and strength, and raise them up to a life of service to you. Hear us, we pray, for \_\_\_\_\_. Amen.

Barbara Weisensee, Chick Meech, Don, Donald Fudge, Frank Deloia, Gail, George Lyna, Irene Lander, Janet Lyna, Janet Strong, Jean Flight, Joanne Hering, John & Kathy Chang, Joshua Young, Ken Kinser, Kevin Rogers, Lee Conley, Lucy Ann Young & daughter Paula, Marie, Marie Horgan, Mary Lander, Norm & MJ Zarella, Pat McCleave, son & granddaughter, Paul Hamner, Pete Jeffrey, Rebecca, Rose Crotty, Rosemarie, Rev. Tom Barrington, Yvonne Hopkins

We pray for those that have recently passed away.

Brian Vokey and Karen (Nicolson) Haney Farland

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### Birthday and Anniversary Prayers

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O God, our times are in your hand; Look with favor we pray, on your servant \_\_\_\_\_, as they begin another year. Grant that they may grow in wisdom and grace and strengthen their trust in your goodness all the days of their life, through Jesus Christ our Lord. Amen.

*Book of Common Prayer pages 830 (For a Birthday) and 430-1 (Blessing of a Marriage)*

<b>Cyndi Hopkins</b>	6/3	<b>Suzanne Geen</b>	7/3	<b>Jennifer+ Beal</b>	8/1
<b>Sarah &amp; Richard Lewis</b>	6/4			<b>Neil Hopkins</b>	8/2
<b>Jamie Stockton</b>	6/8	<b>Elaine Jones</b>	7/28	<b>Dotty Callihan</b>	8/3
<b>John Geen</b>	6/26	<b>Austin Manna</b>	7/29	<b>Peter Morelli</b>	8/5
<b>John &amp; Linda Kusnierz</b>	6/29			<b>Mark &amp; Brenda Komarinski</b>	8/5
				<b>Lisa &amp; David Carpine</b>	8/8
				<b>Lisa Higgins</b>	8/8
				<b>Mark Komarinski</b>	8/15
				<b>Robert Stockton</b>	8/19
				<b>Jane Clark</b>	8/19
				<b>Ed Giroux</b>	8/23
				<b>Camryn Stockton</b>	8/24
				<b>Mark Figenbaum</b>	8/31



# July 2024 St. Anne's Ministers' Schedule

Date	Ushers	Lector	LEM/Prayers/ Server	Acolyte	Video	Audio
July 7	Dotty Callihan Pat Cregg	Lisa Carpine	Sue Geen	John Geen	Sandra Giroux	Ed Giroux
July 14	Russell Bent Linda Kusnierz	Norm Zarella	Ron Desmarais	Norm Zarella	Eli Baldwin	Mark Komarinski
July 21	Ken Kinser Rosemary Kinser	John Geen	Mark Komarinski	Brenda Komarinski	Ron Desmarais	Ed Giroux
July 28	Dotty Callihan Pat Cregg	Russell Bent	Ed Giroux	Norm Zarella	Ken Kinser	Mark Komarinski



## Sunshine Gals Luncheon

4th Saturday of every month  
11:30am - 1:00pm

Free will offering accepted

First Parish Church  
Billerica Center

Come enjoy a home  
cooked meal and be  
nourished by the  
community.



# JULY

## ST. ANNE'S CALENDAR 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 11-3 Church Office 2-6 Thrift Shop	3 10-2 Thrift Shop 9:30 am Craft Group	4 10-2 Thrift Shop <b>Holiday:</b> Church Office closed	5	6
7 9 am Sunday Service	8	9 11-3 Church Office 2-6 Thrift Shop	10 10-2 Thrift Shop	11 10-2 Thrift Shop	12	13
14 9 am Sunday Service	15	16 11-3 Church Office 2-6 Thrift Shop <b>No Vestry</b> during the summer	17 10-2 Thrift Shop 9:30 am Craft Group	18 10-2 Thrift Shop	19	20
21 9 am Sunday Service Newsletter Input Due	22	23 11-3 Church Office 2-6 Thrift Shop	24 10-2 Thrift Shop	25 10-2 Thrift Shop	26 6 pm Youth Group	27 8:30 pm Men's Breakfast 9 am Ladies' Breakfast
28 9 am Sunday Service 11:30 am Buildings & Grounds	29	30 11-3 Church Office 2-6 Thrift Shop	31 10-2 Thrift Shop			